

## WHAT TO EXPECT DURING YOUR STAY



### ARRIVAL

- UPON ARRIVAL WE WILL SHOW YOU TO YOUR ROOM & INTRODUCE YOU TO OUR HOSPITAL STAFF.
- A DETAILED ASSESSMENT OF YOUR MEDICATIONS AND REHABILITATION NEEDS WILL BE DONE.



### MEALS

- BREAKFAST: 8:15 A.M.- 9:15 A.M.
- LUNCH: 12:00 PM- 1:00 PM
- DINNER: 5:30 PM- 6:30 PM
- SNACKS: AVAILABLE BETWEEN MEALS



### MOVING AROUND

- WE ARE HERE TO HELP YOU WITH YOUR DAILY ACTIVITIES. OUR GOAL IS TO HELP YOU BECOME INDEPENDENT WITH THESE ACTIVITIES.
- PLEASE WEAR COMFORTABLE CLOTHING & RUBBER CLOSED TOE SHOES FOR THERAPY.



### VISITATION

- NO OVERNIGHT STAYS
- MONDAY-FRIDAY 3PM-8PM
- SATURDAY-SUNDAY- 8AM-8PM



### DAILY ROUTINE

- THERAPY IS A MINIMUM OF THREE HOURS PER DAY, FIVE DAYS PER WEEK BASED ON YOUR DIAGNOSIS & TOLERANCE LEVEL.
- 24 HR NURSING SERVICES
- PHYSICAL THERAPY
- OCCUPATIONAL THERAPY
- SPEECH THERAPY
- RESPIRATORY THERAPY



### DISCHARGE PLANNING

- THE INTERDISCIPLINARY TEAM WILL MEET WEEKLY TO REVIEW YOUR PROGRESS. YOUR CASE MANAGER WILL PROVIDE YOU WITH AN UPDATE AND WORK WITH YOU TO DEVELOP YOUR CARE PLAN AND DISCHARGE PLAN.
- ANY TRAINING, EDUCATION & EQUIPMENT YOU MAY NEED WILL BE DISCUSSED PRIOR TO DISCHARGE.

